

Also, it would help our administration if you completed a Standing Order:-

To.....Bank

Address.....

Your Account Number.....

Please pay to Barclays Bank plc, Coniston, Cumbria (Sort Code 20—45—28) now and annually on that date each year until further notice the sum of £.....for the credit of Coniston Mountain Rescue Team Acc. No. 83133869

Signed.....

Dated.....

**Gift aid it**

I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for each tax year that is at least equal to the amount of tax that all the charities or Community Amateur Sports Clubs (CASCs) that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. The charity will reclaim 25p of tax on every £1 that I give after 6 April 2008.

So just tick here

**It's that simple.**

PLEASE DO NOT SEND THIS FORM TO YOUR BANK. RETURN IT WITH THE COMPLETED MEMBERSHIP APPLICATION TO THE ADDRESS SHOWN OVERLEAF.

**CONISTON**



Please return the page to:

**The Honorary Secretary,  
Coniston Mountain Rescue Team,  
Old Furness Road,  
Coniston,  
Cumbria, LA21 8HU  
United Kingdom.**

Registered Charity Number: 504923

[www.conistonmrt.org.uk](http://www.conistonmrt.org.uk)

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[www.coppermines.co.uk](http://www.coppermines.co.uk)

**Become a Friend of  
CONISTON MOUNTAIN  
RESCUE TEAM**



The Friends of Coniston Mountain Rescue support the work of the Coniston MR Team. By joining them you help to ensure the future of the Team that is totally dependent on the generous gifts and donations from people like you.

Founded in 1947 Coniston Mountain Rescue was the first team of its kind in the UK and currently has over 30 highly trained volunteers funded solely by donations. The Team turns out in all weathers 24hrs a day, 365 days a year.

[www.conistonmrt.org.uk](http://www.conistonmrt.org.uk)

Emergency 999 call outs are on the increase, currently about 50 a year. Advances in technology mean costs will continue to rise if the team is to provide the best search and rescue techniques available. The Team covers a wide section of South Lakeland. Members are also called upon to assist neighboring teams when a larger search area is involved.

Coniston, a small working Lakeland village of some 1000 people, has a range of attractive mountains as a backdrop. These include the 'Coniston Old Man' and Wetherlam. There is also Dow Crag, one of the largest rock massifs in the Lake District and a honeycomb of old slate and copper mines, all of which can prove dangerous to the unwary. Grizedale Forest, also within the Team's area, has its share of injuries, many to those on bikes.

The Team's Headquarters, built in 1982 by private subscription and commercial donations, has a control center, garage and equipment store.

There is a pressing need to establish a sound financial basis for the CMRT. Every year the Team needs to raise more than £20,000 to cover running costs to ensure the continuation of this valuable search and rescue facility. We really do need your support.



- Membership entitles you to:**
- Open days at the base
  - Invitations to special events
  - Newsletters
  - Online Coniston Mountain Rescue shop

**CONISTON MOUNTAIN RESCUE TEAM  
DEPENDS ON  
YOUR SUPPORT AND GENEROSITY.  
THANK YOU.**

**Become a Friend by completing this form:**

**Date**

Name.....

Address.....

.....

.....

Postcode.....

Telephone number.....

E-mail.....

**The information you provide will be used solely for communicating with you as a Friend Of Coniston MRT and will not be shared with any third party.**

I wish to join **The Friends of Coniston Mountain Rescue Team**  
(please tick below)

- Life membership                      £100.00
- Annual membership by  
    Standing order                      £15.00  
    Or a
- Donation                      £.....

I enclose cheque for

£..... made payable to **Coniston Mountain Rescue Team** OR I have completed the standing order form overleaf.

You can also become a friend or donate online. Please visit:

[www.conistonmrt.org.uk](http://www.conistonmrt.org.uk)