Asthma



Simon Harvey Casualty Care Course 2012

Common

- Usually self controlled (inhalers)
- Acute Attack exercise, cold air, allergy (pollen), chest infection, forgot inhalers
- Narrowing of airways and mucous
- Inhalers blue & brown
- Blue needed during asthma attack, salbutamol (ventolin), bricanyl
- Technique of inhaler use important!



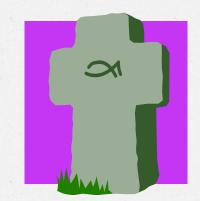
Acute Attack

- Wheeze (difficulty exhaling)
 Shortness of breath
 Distressed
- Pulse increases



If not treated...

- Difficulty talking
- Exhaustion
- O Cyanosis
- Silent chest no wheeze
- Collapse unconscious
- Respiratory arrest
- Death



Worrying Signs

Pulse above 120/ min

- Respiratory rate over 25/ min
- O Cyanosis
- Patient unable to talk in sentences
- No response to treatment

Assessment

- Airway ? Clear
- Breathing ? Wheeze, respiratory rate, colour
- Oriculation ? Pulse rate



Treatment

Oxygen

- Blue inhaler 2 puffs (repeat)
- Record pulse, respiratory rate, colour, pulse oximetry
- If collapses A-B-C
- Resuscitate
- Advanced support from Doctor



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Asthma The End



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