



The Friends of Coniston Mountain Rescue support the work of the Coniston MR Team. By joining them you help to ensure the future of the Team who are totally dependent on the generous gifts and donations from people like you.

Founded in 1947 Coniston Mountain Rescue was the first team of its kind in the UK and currently has over 30 highly trained volunteers funded solely by donations. The Team turns out in all weathers 24 hours a day, 365 days a year.

Emergency 999 call outs are on the increase, currently 50 to 60 a year. Advances in technology mean costs will continue to rise if the team is to provide the best search and rescue techniques available. The Team covers a wide section of South Lakeland. Members are also called upon to assist neighbouring teams when a larger search area is involved.

Coniston, a small working Lakeland village of some 1000 people, has a range of attractive mountains as a backdrop. These include Coniston Old Man and Wetherlam.

There is also Dow Crag, one of the largest rock massifs in the Lake District and a honeycomb of old slate and copper mines, all of which can prove dangerous to the unwary. Grizedale Forest, also within the Team's area, has its share of injuries, many to those on bikes.

The Team's Headquarters, built in 1982 by private subscription and commercial donations, has a control centre, garages and equipment store.

There is a pressing need to maintain a sound financial basis for the Coniston Mountain Rescue



Find us on Facebook

facebook.com/ConistonMountainRescueTeam

As a Friend of Coniston Mountain Rescue Team, you will:

- Receive email updates about the team from time to time
- Have the possibility to arrange a visit to the Mountain Rescue Base if you visit Coniston
- Play an important part in equipping and training team members for their important work.

Please send completed Application and Gift Aid forms to:

**The Treasurer
Coniston Mountain Rescue Team
Old Furness Road
Coniston
LA21 8HU**

Please Note that these forms can also be completed online on the Donate page of the Coniston Mountain Rescue Team website (<https://conistonmrt.org.uk/donate/>), or you can scan them and email them to the Treasurer.

Please send completed Standing Order Form to your bank.

Become a Friend by completing this form:

Date _____

Name _____

Address _____

Postcode _____

Telephone number _____

E-mail _____

We will not divulge your personal details to any third party.

I wish to join **The Friends of Coniston Mountain Rescue Team** (please tick below)

- ☐ Life membership
£150.00 (minimum recommended donation)
☐ Annual membership by standing order
£20.00 (minimum annual donation)

Preferred payment methods are BACS (Coniston Mountain Rescue Team, 20-55-41, 2388694) and Standing Orders. Payments can also be made via Just Giving, PayPal or CAF - just go to the donate page of the team website,
www.conistonmrt.org.uk/donate

Please email the treasurer to confirm how you have made your payment, and the amount;
treasurer@conistonmrt.org.uk

If none of the above methods are possible, please make out a cheque to Coniston Mountain Rescue Team and send it to the Treasurer.

Gift Aid Form

Coniston Mountain Rescue Team
Registered Charity 1192607

I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for each tax year that is at least equal to the amount of tax that all the charities or Community Amateur Sports Clubs (CASCs) that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. The charity will reclaim 25p of tax on every £1 that I give after 6 April 2008.

Please tick here to authorise Gift Aid ☐

Signed.....

Dated.....

Standing Order Form

Please send to your bank, **not** CMRT

Customer Account details

Account name.....

Bank.....

Sort code.....

Your Account Number

Beneficiary details

Coniston Mountain Rescue Team

Barclays Bank

Sort code 20-55-41

Account number 23886964

Reference (add surname, max 16 letters)
.....

Payment Details

Amount of regular payment £.....

Date of regular payment (dd/mm).....

Frequency – Yearly

Please continue payment until further notice.

Authorisation

Customer signature.....

Customer contact no.

Date.....